

Mainstay Inn

Resort & Restaurant

STARTERS

CHICKEN WINGS GF

ONE POUND OF WINGS (BAKED OR FRIED)

WITH CHOICE OF SAUCE.

HOT, MEDIUM, MILD, BUFFALO, SALT & PEPPER, LEMON PEPPER, TERIYAKI, SWEET & SOUR, HONEY GARLIC

\$18

MOZZA STICKS

DEEP-FRIED BATTERED MOZZARELLA STICKS

\$13

DRY RIBS

DEEP-FRIED SEASONED PORK BITES

\$18

WINGS/RIBS & CAESAR COMBO

1/2 ORDER OF WINGS OR DRY RIBS &

A STARTER CAESAR SALAD

\$16

EGG ROLLS

FOUR GROUND PORK & SLAW EGG ROLLS SERVED

WITH ASIAN SAUCE & SWEET & SOUR

\$12

STEAK BITES

6 OZ COWBOY STEAK CUT INTO CUBES, DEEP

FRIED, & MARINATED WITH OUR ASIAN SAUCE

\$16

SALADS

CAESAR SALAD

\$14

ROMAINE WITH CROUTONS, BACON BITS, & CAESAR DRESSING. **ADD CHICKEN \$5** **STARTER SIZE \$8**

GREEK SALAD GF

\$14

PEPPERS, ONIONS, CUCUMBERS, OLIVES, TOMATOES, FETA CHEESE & GREEK DRESSING

TOSSED GREENS GF

\$12

SPRING MIX WITH CARROTS, TOMATOES, CUCUMBERS & CHOICE OF DRESSING

POUTINE

BBQ CHICKEN POUTINE

\$17

FRENCH FRIES WITH CHEESE CURDS & GRAVY, TOPPED WITH BBQ CHICKEN BITES

BUFFALO CHICKEN POUTINE

\$17

FRENCH FRIES WITH CHEESE CURDS & GRAVY, TOPPED WITH BUFFALO CHICKEN BITES

ORIGINAL POUTINE

\$14

FRENCH FRIES WITH CHEESE CURDS & GRAVY

MAIN STAYS

CHICKEN SOUVLAKI GF

\$20

MARINATED CHICKEN BREAST SKEWER SERVED WITH SEASONED VEGETABLES & CHOICE OF SIDE

PORK CUTLET

\$18

IN HOUSE MADE CUTLET, SEASONED VEGETABLES MASHED POTATO AND GRAVY

CHICKEN STIR FRY BOWL

\$20

MARINATED CHICKEN BREAST ON A BED OF VERMICELLI NOODLES & STIR FRY VEGETABLES

CRISPY CHICKEN TENDERS

\$16

FOUR CRISPY CHICKEN TENDERS SERVED WITH CHOICE OF DIPPING SAUCE & SIDE

FETTUCINE ALFREDO

\$17

FETTUCINNE NOODLES TOSSED IN A CREAMY ALFREDO SAUCE, SERVED WITH GARLIC SAUCE

FISH & CHIPS

\$18

BATTERED HADDOCK SERVED WITH CHOICE OF SIDE

BURGERS & SANDWICHES

SERVED WITH CHOICE OF SIDE. SUBSTITUTE GLUTEN-FREE BURGER BUN FOR \$3

ADD BACON \$2

ORIGINAL SMASH BURGER GF

\$18

TWO PATTIES WITH CHEESE, LETTUCE, TOMATO, PICKLES & CHEF'S MAYO ON A TOASTED BUN

BISON BURGER GF

\$20

LOCAL BISON, PROVOLONE, GRILLED ONIONS, LETTUCE, TOMATO & PICKLES ON A TOASTED BUN

M & M SMASH BURGER GF

\$18

TWO PATTIES WITH GRILLED MUSHROOMS, MOZZA CHEESE, & MAYO ON A TOASTED BUN

CHICKEN CLUBWICH GF

\$18

FRIED CHICKEN BREAST WITH HAM, CHEDDAR CHEESE, MAYO, TOMATO, & LETTUCE

JALAPENO RANCH SMASH BURGER GF

\$18

TWO PATTIES WITH CHEESE, ONION, JALAPENO AND RANCH ON A TOASTED BUN

STEAK SANDWICH

\$26

8OZ STRIPLOIN STEAK SERVED WITH SEASONED VEGETABLES AND GARLIC TOAST

GF Gluten Friendly Option



@MainstayInnResort

Prices do not include applicable taxes



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ON THE LIGHTER SIDE

1/2 SMASH BURGER \$14

ONE PATTY WITH CHEESE, LETTUCE, TOMATO,
PICKLES & MAYO ON A TOASTED BUN GF

1/2 M & M SMASH BURGER \$14

ONE PATTY WITH GRILLED MUSHROOMS, MOZZA
CHEESE, & MAYO ON A TOASTED BUN GF

1/2 JALAPENO RANCH SMASH BURGER \$14

ONE PATTY WITH CHEESE, ONION, JALAPENO
AND RANCH ON A TOASTED BUN GF

1/2 CRISPY CHICKEN TENDERS \$14

TWO CRISPY CHICKEN FINGERS, SEASON FRIES
AND A CHOICE OF DIP

1/2 FETTUCCINE ALFREDO \$14

FETTUCCINE NOODLES TOSSED IN A CREAMY
ALFREDO SAUCE. SERVED WITH GARLIC TOAST
ADD CHICKEN OR SHRIMP \$5

SIDES & SUBSTITUTIONS

SIDES

FRIES
MASHED POTATO
TOSSED GREENS

SUBSTITUTIONS

SWEET POTATO FRIES +\$2
ONION RINGS +\$2
POUTINE +\$3
CAESAR SALAD +\$3
GREEK SALAD +\$3

PIZZA

CLASSIC PIZZA

OUR PIZZAS ARE 12" NEAPOLITAN-STYLE SUBSTITUTE GLUTEN-FREE PIZZA CRUST FOR \$5 GF

PEPPERONI

PEPPERONI, MOZZA CHEESE

\$22

HAWAIIAN

HAM, PINEAPPLE, MOZZA CHEESE

\$22

THREE CHEESE

MOZZA, CHEDDAR, PARMESAN CHEESE

\$18

ALL MEAT

HAM, PEPPERONI, SALAMI, BACON

\$26

CANADIAN

HAM, BACON, MUSHROOMS, MOZZA CHEESE

\$24

VEGETARIAN

ONION, GREEN PEPPERS, OLIVES, MUSHROOMS,
MOZZA CHEESE

\$24

SPECIALTY PIZZA

OUR PIZZAS ARE 12" NEAPOLITAN-STYLE SUBSTITUTE GLUTEN-FREE PIZZA CRUST FOR \$5 GF

TERIYAKI CHICKEN

MARINATED CHICKEN BREAST, PINEAPPLE,
MOZZA CHEESE, TERIYAKI SAUCE BASE

\$26

BBQ CHICKEN

MARINATED CHICKEN BREAST, GREEN PEPPER,
ONION, MOZZA CHEESE, BBQ SAUCE BASE

\$26

CHICKEN BACON RANCH

MARINATED CHICKEN BREAST, BACON, MOZZA
CHEESE, RANCH DRESSING BASE

\$26

CHEESEBURGER

GROUND BEEF, ONIONS, MUSHROOMS, CHEDDAR
& MOZZA CHEESE, BURGER SAUCE BASE

\$26

BUILD YOUR OWN PIZZA

HAM, PEPPERONI, SALAMI, BACON, PINEAPPLE, MUSHROOMS, ONIONS, PEPPERS, BLACK OLIVES,
JALAPENOS

2 TOPPINGS \$22 3 TOPPINGS \$24 4 TOPPINGS \$26 EXTRA TOPPINGS \$2

DESSERT

CHOCOLATE CADILLAC CHEESECAKE \$10

STRAWBERRY CHEESECAKE GF \$10

GF Gluten Friendly Option



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